

STUDENT'S WORKSHEETS

FOUNDATION PROGRAMME FOR
LITERACY, NUMERACY AND SKILLS

VOCAL MUSIC

GRADE 7

TITLE OF CARD :
Introduction to Voice Culture

MOE
MAHATMA GANDHI INSTITUTE
2026

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GRADE 7

STUDENT'S WORKSHEET

TITLE OF CARD :
INTRODUCTION TO VOICE
CULTURE



Introduction

What is Voice Culture?

Voice Culture refers to the training of the voice to sing in a healthy, clear, and controlled way. In Indian music, voice culture helps students use their voice correctly so that singing becomes smooth and pleasant. It focuses on correct breathing, posture, and voice exercises. Just like athletes warm up before playing sports, singers must prepare their voice before singing. Learning voice culture helps students protect their voice, sing comfortably, and improve their confidence while performing.

Why Is Voice Culture Important?

- It helps keep the voice healthy and strong.
- It improves clarity and sweetness of the voice.
- It helps students control pitch and volume.
- It prepares the voice for singing swaras, songs, and ragas.



Warm-Up

Before singing, students should practise:

- gentle breathing in through the nose and out through the mouth
- light humming sounds
- sitting or standing straight with relaxed shoulders



Self Assessment

Name: _____ Date: _____

Class: _____

Activity Section :

1. Write a simple definition in your own words

a) What is Voice Culture?

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.....
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b) Why is Voice Culture important?

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2. Multiple-Choice Questions

1. What is the main aim of voice culture?

- a. To shout loudly
- b. To train the voice to sing properly
- c. To learn musical instruments

2. Which habit is good for healthy singing?

- a. Slouching while singing
- b. Breathing properly
- c. Talking loudly all the time

3. Which activity helps warm up the voice?

- a. Running fast
- b. Humming softly
- c. Clapping hands

4. Why is drinking water important for singers?

- a. It makes the voice louder
- b. It keeps the throat and voice healthy
- c. It helps us learn songs faster

5. What should a student do before starting to sing?



- a. Shout loudly
- b. Warm up the voice gently
- c. Sing very high notes

3. Read the list of habits given below carefully. Decide whether each habit is a Good Habit or a Bad Habit of voice culture. Tick (✓) the correct column.

No.	Habit	Good Habit	Bad Habit
1	Practising proper breathing before singing		
2	Shouting or screaming loudly		
3	Warming up the voice before singing		
4	Singing without warming up		
5	Sitting or standing with correct posture		
6	Slouching while singing		
7	Drinking enough water		
8	Forcing the voice to sing very high notes		
9	Singing within a comfortable pitch range		
10	Singing when the throat is tired or sore		

Self-Reflection

Rate yourself by drawing the emoji that suits you better

Yes	NO
	

Statement	Yes	No
1. I can sit or stand with correct posture while singing.		
2. I practise breathing before singing.		
3. I sing without straining my voice.		

1. One thing I learned about voice culture today:

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2. One thing I want to improve in my singing:

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